

# Crystal Moon Belly Dance Classes

## Pricing:

\$60.00 for a  
6 week session

\$15.00 for  
single classes

No refunds or credits  
for unused classes

These classes are included in  
the Center Stage Family &  
Unlimited Package Plans!

## July / August Session:

July 14, July 21, August 4\*\*, August 11, & August 18  
Thursday evenings from 6:30pm to 8:00pm  
\*\*August 4th class will begin at 7:45pm\*\*

## September / October Session:

Sept. 20, 27, Oct 4, 11, 18, 25  
Tuesday Evenings from 7:45pm to 9:15pm

## November / December Session:

Nov 1, 8, 15, 29, Dec 6, Dec 13  
Tuesday Evenings from 7:45pm to 9:15pm  
\*\*No class on November 22\*\*



These classes will focus on learning to belly dance for fun and fitness.

Egyptian/Cabaret style belly dance is primarily taught with influences from Tribal Style and Indian Bollywood dances. Belly Dance classes do not require previous dance training and are perfect for all ages, shapes and sizes!

Take a "TRY ME" class for \$15.00 and you can apply that money to a 6 week session.

Pregnant women or women trying to become pregnant should NOT take this belly dance class.

Class space will be limited, so early registration is preferred.

Class participants should wear loose, comfortable workout clothes. Class is typically done in bare feet, socks, ballet shoes, etc. Please bring a mat for stretching and water.

**Cathi Taucher – (Belly Dance Instructor)** Cathi has been training in the art of Belly Dance for 8 years.

Her classes focus on learning to belly dance for fun and fitness. She primarily teaches Egyptian/Cabaret style belly dance with influences from Tribal Style and Indian Bollywood dances. No previous dance training is needed.

Belly Dance classes are perfect for all ages, shapes and sizes! It is a fun and exciting way to build strength, flexibility and cardio stamina as well as a beautiful form of expression. Cathi's classes are available in Beginner and Intermediate levels. Students will learn belly dance technique and the art of sensual expression. Several times a year all students are invited to participate in a class "Hafla", (a belly dance party) where they can perform their class choreographies, duets and solos for friends and family. Cathi is also the owner of Destiny Travel & Group Tours, a full service travel agency. She has been a professional travel consultant for 25 years.

Each year she sponsors a Belly Dance Cruise, effectively combining both of her passions!

Cathi Taucher - Destiny Travel & Group Tours  
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