

## PRE-DANCE CLASSES

### Pre-Dance Combo 1

(Ages 3-4) 1 Hour Class

This class includes: 20 Minutes each of Pre-Tap Technique, Pre-Ballet Technique & Basic Tumbling. Students will work on sequencing skills, basic coordination skills, and small & large motor skills. These classes are designed to give the student a fun and exciting first dance experience.

Tues. 6:45-7:45 (TK-2)

Thurs. 4:25-5:25 (TR-3)

### Pre-Jazz/Hip Hop Tap/Tumble

(Ages 4-7) 45 Min Class

These classes are for younger students who wish to learn technique basics in jazz, tap, tumble and hip hop. Students will begin with warm-up and stretch, followed by pre jazz and hip hop combinations or tap technique and tumble progressions.

TA/TU Thr. 6:45-7:30 (TG-2)

JA/HI Mon. 7:30-8:15 (CD-3)

## TUMBLE TOT CLASSES

This class is designed for ages 2-4 to be introduced to tumbling. Family members get to experience class with your young one.

This class offers basic stretch and tumbling technique.

Tumble Tots Tues. 4:45-5:15 (TK-3)

## TWEEN CLASSES

(Ages 8-11) 45 Min. Class

Tween Tap, Jazz, Lyrical and Hip Hop classes will include: stretching, warm-up, and Beginner to Advanced dance technique.

Students must have prior dance instruction to register for Intermediate/Advance class.

Beg/Int Hip Hop Thr. 5:15-6:00 (TG-2)

Beg/Int Jazz Thr. 6:00-6:45 (TG-2)

Int/Adv Tap Tues. 5:20-6:05 (TK-2)

Int/Adv Jazz Tues. 6:05-6:45 (TK-2)

Int/Adv Lyrical Tues. 6:45-7:30 (TK-4)

Int/Adv Hip Hop Tues. 7:30-8:15 (TK-4)

## TEEN DANCE CLASSES

(Ages 10 and up) 45 min Classes

Pre-Teen/Teen Jazz, Lyrical and Hip Hop classes will include: stretching, warm-up, and intermediate to advanced dance technique. This level is for the intermediate to advanced student.

Students must have a teacher recommendation to register for this class.

Int/Adv Lyrical Mon. 6:30-7:15 (CD-2)

Int/Adv Jazz Mon. 7:15-8:00 (ML-2)

Int/Adv Hip Hop Mon. 8:00-8:45 (ML-2)

## ZUMBA

### Zumba Class

The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: We want you to want to work out, to love working out, to get hooked. Zumba® Fanatics achieve long-term benefits while experiencing an absolute blast.

\$5 per class

Wednesday - 7:45pm to 8:45pm

For more info/register  
Call Chris 330-240-0488

## BELLY DANCE CLASSES

### Belly Dance Class

This class will focus on learning to Belly Dance for Fun and Fitness. The influence is Egypt/Cabaret style with influences for Tribal Style and Indian Bollywood dances.

No previous dance training is needed. Good for all body types. Belly Dance classes do not require previous dance training and are perfect for all ages, shapes and sizes.

(6 weeks sessions \$60)

Tuesdays - 7:45pm to 8:45pm (Beginner Levels)

Tuesdays - 8:00pm to 9:15pm (Advanced Level)

For more information or to register for classes,  
please contact Cathi at 330-426-3656